



# Unweaving, Unraveling, and Connecting with Kathy Solberg

Last summer, Kathy Solberg was working on her book in my writing class. I was struck by the word 'unweaving' she used to describe a process that is relevant for all of us in these times. Below is our interview, which is one of my favorites. So get yourself a warm cup of tea or coffee and enjoy this thoughtful conversation.



## Summer Memoir Class Online

May 6-July 8 with Sarri, 7pm-8pm PST. There is one spot open for this online class. We will be looking closely at 2 very different memoirs to understand how memoirs are structured. One of these memoirs will be *Cocoon*. You will be doing fast and fun writing exercises with your own stories. We will look at all aspects of memoir writing and try on different ways to write your stories. I hope you can join me. Writing helps us make meaning from an experience and gain insight and wisdom. There will be AHA moments. The class is \$300. Send me an email if you'd like to sign up. [Sarri@sarrigilman.com](mailto:Sarri@sarrigilman.com)

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**Sarri Gilman**

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